

# TIPS FOR PARENTS OF CHILDREN WITH SPECIAL NEEDS

*Make a family binder!*

*Keep a hospital to go bag at the door!*

*Do online grocery shopping with curbside pickup!*

Share your tips and  
Each time you do, you will be entered into a  
Draw for a **\$50 gas gift card.**



How can you share your tips?

1

Write a comment or send a private message  
to our FaceBook page:

[www.facebook.com/TheNavigatorProgram/](http://www.facebook.com/TheNavigatorProgram/)

OR

2

E-mail

Every time you share a tip then  
your name will be entered into the draw.

If you send your tip privately it will be added  
to our page for other parents to benefit from it.