

Week 3:

- Mindfulness Exercise
- Check in
 - Anything that came up last week that you would like to share?
 - Review rules
- Evaluations:
 - Concerns
- Review:
 - Roots
 - Ground
 - Trunk
- Draw:
 - Branches
 - Leaves
 - Fruits

Time permitting:

- Sharing:
- Reflecting on Others' Comments
- Storms
- Reconnection