

Navigator Role Differentiation

<i>System Navigator</i> <i>Connecting & Advocacy</i>	Crossover	<i>Parent Navigator</i> <i>Empower/Coach/Leverage Existing Resources</i>
<ul style="list-style-type: none"> • Housing supports - Residential stability • Employment supports - Increase in family income - Work schedule flexibility - Change in career • Financial supports - Advise and assist parents in accessing available federal, provincial and municipal financial assistance and managing family health care related finances • Personal health - Connecting to psychosocial supports that address stress, anxiety, PTSD, depression, etc. - Securing family doctor through CHC's • Education - Assist parents in advocating on behalf of their child's needs at school • Counselling/Support groups 	<ul style="list-style-type: none"> • Program Promotion and Outreach • Program Development • Partnership Development • Identifying Gaps/Barriers • Education and Awareness • Workshops • Community supports • CHEO/healthcare system knowledge and navigation - Service chart, role clarification, organizing medical information at home • Connection to existing community resources - Creating and maintaining resource inventory 	<ul style="list-style-type: none"> • Peer-to-peer, lived experience support - Sip & Chat, one-on-one, family days/potlucks • Daily Living Knowledge Sharing - Cleaning, groceries/meals, transportation, self-care • Organizational Knowledge Sharing - Scheduling/ time management, budgeting • Establish or widen support networks - Social, spiritual, cultural, recreational

Parent Directed Support